





One of the most popular yoga positions for beginners is "downwardfacing dog" but this is ridiculous! Absolutely no animals were harmed (or even stressed out) in the making of the new Yoga Dogs 2010 calendar. Texas-based yoga- and dog-loving couple Aleiandra and Dan Borris used careful posing and Photoshop magic to create yoga poses for every month of the vear - plus many more at voqadoqz.com. But is it karma - or dogma?

OVER THE RAINBOW

THIS LITTLE GIRL HAS **PLENTY OF HEART**





SO CUTE!

ARE HEDGEHOGS THE NEW HOT PET?

They don't look very cuddly, but African pygmy hedgehogs are the newest craze in mini-pets. Usually weighing about a pound, the little guys are small enough to fit in your hand, and eat cat food and chicken. Having been bred in captivity, they love being handled by humans. They're also smaller than their wild cousins. The prickly pygmies can go for as much as \$350 apiece.



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